

3. What are core values?

4. There are 5 components of core values and they are?

(1)

(2)

(3)

(4)

(5)

5. How Are Values Formed?

6. What happens when Values are not aligned correctly? For eg. If I do not think I am worthy. I do not deserve to be successful?

7. Can you have negative core beliefs/values? There are 2 parts to this question:

a) how do I get rid of negative core values, in other words things that have just grown up with that are negative that hold us back

b) how does one balance all these things, being of service, taking care of the kids, achieving goals for wealth, getting out of debt, value yourself?

So how will you let go of negative core beliefs to be able to move forward and how do we try to balance all of these areas in order to achieve and live on purpose?

Your 'Just One Thing – Take Action Now' Checklist:

What **one key idea** will I **take action** on as a result of this audio-seminar that will help me think like a Champion and achieve amazing results...so I know I count?

Exactly what action steps will I take?

When will I do this by?

After I do this, what specific results, changes or outcomes do I expect to see?

How will doing this help me think like a Champion and achieve amazing results?

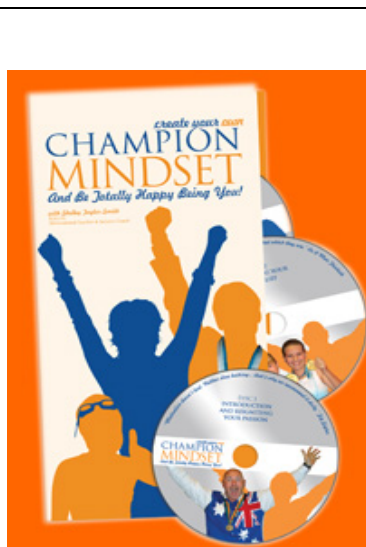
Wonderful Web Women Champion Special

YES, _____ please call me Shelley, I am ready to commit to think like a Champion!

I want to be one of the 57 Wonderful Web Women who purchase the "Create Your Own Champion Mindset" 7 CD set and receive the Bonus Resource CD absolutely free plus....

...**BONUS VALUE ADD:** Exclusive 45-60min 1on1 Telephone Coaching Session personally coached by Australia's No.1 Mental Toughness Coach, Shelley Taylor-Smith

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The Wonderful Web Women Special at \$597 includes:

1. **Create Your Own Champion Mindset 7CD set** (value \$397)
2. 90 page Ultimate **Step-by-Step Manual** (\$197)
3. **Bonus Resource CD:** Shelley guides you on goal setting techniques, exercises on visualisation, relaxation, freeing your mind from the noise and our sabotaging self talk and how to program yourself for the future. **PLUS 21 Champion Motivations personally 'taylor-made' just for you!(\$67)**
4. **Bonus 60min 1on1 telephone coaching session** with Shelley Taylor-Smith (\$350)
5. **Unlimited email support** (priceless!)

TOTAL VALUE: \$1011 NOW ONLY \$597

Just imagine the positive changes you could make to your life. Well dream no more! **Let Shelley Taylor-Smith personally coach you 1on1 and help you take your life to the next level.**

As Shelley coaches you through the 7CD set you will discover:

- **CD 1: Intro & How to find your true Passion**
- **CD2: Unleash your Self Belief**
- **CD3: Live and Enjoy the Present Moments Now**
- **CD4: Goal Setting for Success**
- **CD 5: How to Focus & Achieve What Matters Most**
- **CD 6: Create Mental Toughness to Perseverance**
- **CD 7: Live ON Purpose: Outcomes & Take Action**